



# How 'Minty' are your teeth?

*A challenge for your chompers!*

1. How often should you replace your toothbrush?  
A) Daily B) Monthly C) Quarterly D) Annually
2. What is the ideal age to first visit the dentist?  
A) Age 1 or before B) Age 1-2 C) Age 3-4 D) Age 5, or around kindergarten
3. Giraffes have 32 teeth, just like humans, but at the front of their jaw, do they have ...  
A) Upper front teeth only B) Lower front teeth only C) No front teeth  
D) Both upper and lower front teeth
4. What percentage of people floss daily?  
A) Less than 15% B) 15-30% C) 30-50% D) More than half
6. If someone suffers from *persistent* bad breath, 85 percent of the time it's for what reason?  
A) Diet B) A dental condition C) A habit such as tobacco use D) They live on a garlic farm
5. Within the past year, Dr. Marshall Gibbs of Mint Condition Dental has ...  
A) Moved his Liberty Lake practice into a new state-of-the-art office  
B) Been named one of the region's top young influencers through the 20 Under 40 Awards presented by Spokane Coeur d'Alene Living Magazine  
C) Supported dozens of community and school causes and participated in Liberty Lake's Barefoot in the Park  
D) All of the above
7. How many different types of bacteria are in your mouth?  
A) Just a couple B) Less than 50 C) 50-100 D) More than 100
8. How many Mint Condition Dental locations are there?  
A) 1 B) 2 C) 3 D) 4+
9. Approximately how much of life does the average American spend brushing?  
A) 17.5 days B) 38.5 days C) 62.5 days D) 101.5 days
10. Which animal has the most permanent teeth?  
A) Dog B) Cat C) Pig D) Cow



## HOW DID YOU DO?

**0-3 correct:** No hard fillings! It's nothing a Minty appointment with us can't help with.

**4-6 correct:** Sometimes you're right, sometimes you're wrong, but you're always a party enamel!

**7-9 correct:** Wow! Your Mint Condition is nearly flawless!

**10 correct:** We're hiring!

ANSWERS: 1. C) Dr. Marshall Gibbs, founder of Mint Condition Dental, recommends every three to four months. 2. A) The American Dental Association recommends scheduling that initial appointment within 6 months after a baby's first tooth appears, but no later than the child's first birthday. 3. B) There are no teeth on the front top of their jaw — just a hard pad. 4. A) 12 percent (don't be a part of the 88 percent!) 5. D) It was a full and fulfilling year! 6. B) A dental condition, and one that can be expertly treated at Mint Condition Dental. 7. D) Approximately 300 different types of bacteria make up plaque. (Yeah, you should brush.) 8. D) There are actually five! (Liberty Lake, North Spokane, Cheney, Colfax and Pullman) 9. B) 38.5 days? C'mon, you can beat that! 10. C) Pigs have 44 permanent teeth, ahead of dogs (42), cows (32) and cats (30).

*For more on Mint Condition Dental, visit [mintyteeth.com](http://mintyteeth.com) and see ad on page 3.*